# MONOCLE

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+ i SPLASH Why swimming can make you happy FLIP The books that will give you a lift DIG The gardening kit to tend your flourishing patch EXPO Tight trunks, professional lounging, deep dives: we join Italy on the beach

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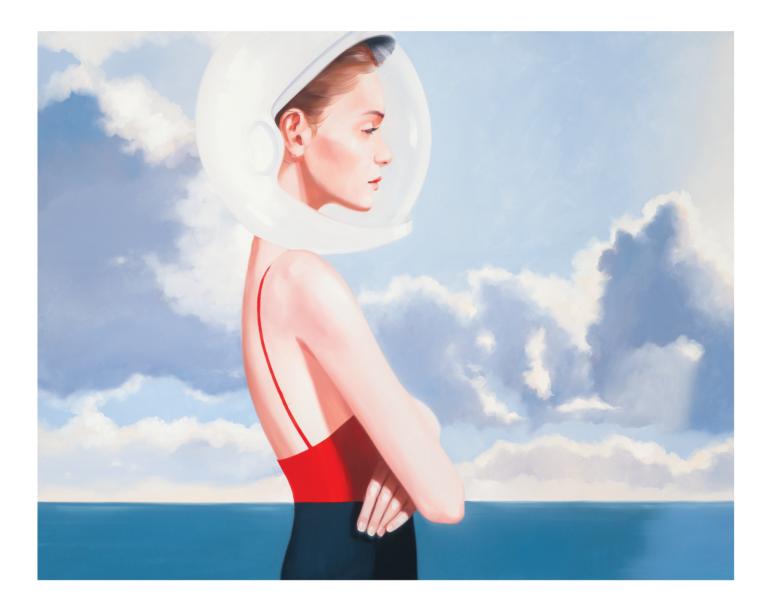




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